Dignity and Respect

1st Armored Division America's Tank Division
TO 10 Standards

BOOK





Department of the Army Headquarters, 1st Armored Division Unit 24309 - APO AE 09252

AETV-THZ 21 August 2000

MEMORANDUM FOR 1st Armored Division Soldiers

SUBJECT: 1st Armored Division Standards

- 1. Welcome to the 1st Armored Division. You are joining a division that is rich in tradition. We are as proud of our many accomplishments over the past 60 years as we are of our current soldiers who serve our Nation everyday. We are the only active armored division in the best Army in the world. As an Iron Soldier, each of you must commit to uphold the proud traditions of our division and our Army heritage. Our traditions stem from the establishment, implementation and enforcement of standards by soldiers and leaders at all levels of command. This pamphlet identifies standards as they apply to the way we conduct ourselves professionally, both on and off duty. Whether we are on duty in Kosovo, training at Hohenfels, or enjoying a social evening together, our ability to apply these standards has a direct impact on the accomplishment of our overall mission. Our intent is to build and maintain discipline and spirit in individual soldiers, as well as units.
- 2. This "Iron Standards" Book, used in conjunction with division policy memorandums, Division Annual Training Guidance and Quarterly Training Guidance, outlines the manner in which we do business and conduct ourselves on a daily basis. Every Iron Soldier has a personal responsibility to know and practice these standards.
- 3. "Iron Standards" are nothing without "Iron Discipline". Iron Discipline is the courage and inner strength that it takes to apply and enforce these Iron Standards under the most adverse conditions without the supervision of a superior. Our success in combat, peacekeeping, training, and all aspects of our daily duties is built upon Iron Discipline. Without Iron Discipline, we will not succeed in any mission. With Iron Discipline, we are unbeatable.
- 4. We concentrate on realistic and challenging training at all levels to maintain proficiency in our go-to-war skills. We remain ready to deploy on short notice for contingency operations. We are "America's Tank Division." I'm sure you will find your tour with this great and proud organization both personally and professionally rewarding. Iron Soldiers! Dignity and Respect!

KENNETH O. PRESTON CSM, USA Command Sergeant Major

GEORGE W. CASEY JR. Major General, USA Commanding

The Old Ironsides Division was organized at the American home of armor and cavalry, Fort Knox, Kentucky, on 15 July 1940, where Major General Bruce McGruder was chosen as our first commander. McGruder gave the division its nickname, "Old Ironsides," after noting similarities between the frigate, *U.S.S. Constitution*, with its thick oak hull and the protection afforded by armored vehicles.

On 8 November 1942, that vision became reality as the 1st Armored Division landed in Algeria and seized the critical port of Oran. From there, the division moved east and became the first of the Allied troops to encounter Field Marshal Erwin Rommel and his battle-hardened Afrika Korps.

From Algeria to Rome and beyond, Old Ironsides blazed through a series of victories such as those at La Tour, El Guitar, Naples, Anzio, Rome-Arno and the Po Valley. After the war, the 1st Armored Division assumed occupation duties in Germany, near Schwabish Gmuend, but in 1946 the division was inactivated.

A mere five years later in 1951, the 1st Armored Division was reactivated at Fort Hood, Texas. In May 1971, Old Ironsides returned to Germany, this time to the Bavarian city of Ansbach, where it replaced the 4th Armored Division. The 20-year presence of Iron Soldiers and their NATO counterparts helped bring significant changes to Europe, including the downfall of the Iron Curtain, the crumbling of the Berlin Wall and, finally, the reunification of Germany.

But, just as the torch of liberty began to shine in Eastern Europe, it was extinguished in Kuwait by the invading Iraqi Army. On 8 November 1990, the 1st Armored Division began its desert experience by joining the allied forces for Operations Desert Shield and Desert Storm.

At 2:34 p.m. on 24 February 1991, Old Ironsides launched its attack on Iraq. In 89 hours of combat, Iron Soldiers laid waste to Iraqi formations, destroying 440 enemy tanks, 485 armored personnel carriers, 190 pieces of artillery, 137 air defense artillery pieces and capturing 6,686 prisoners of war. When the smoke cleared, Old Ironsides had accomplished its mission, making an important contribution to the allied victory.

Today, the 1st Armored Division continues its mission to deploy from a forward base to support NATO's call. That call has taken Iron Soldiers to the Former Yugoslavian Republic of Macedonia, Kuwait, Rwanda, Uganda, Zaire, Turkey, Poland, the Czech Republic and Bosnia-Herzegovina. During the division's deployment to Bosnia-Herzegovina, as part of NATO's initial Implementation Force (IFOR) and, later as part of the Stabilization Force (SFOR), the division formed the nucleus of Multinational Division-North and Task Force Eagle.

Under Operation Joint Endeavor, Joint Guard and Joint Forge, the division was charged with implementing the military aspects of the General Framework Agreement for Peace in northeastern Bosnia-Herzegovina. The forces from 12 nations: Denmark, Estonia, Finland, Iceland, Latvia, Lithuania, the Netherlands, Norway, Poland, Russia, Sweden and Turkey, operated under the task force headquarters of the 1st Armored Division. A true multinational division, Task Force Eagle, at its apex, included approximately 25,000 soldiers, 650 armored vehicles, 60 artillery tubes and 48 attack helicopters to enforce the military aspects of the peace agreement.

In March 1999, the 1st Armored Division formed Task Force Hawk to provide security to the republics of Albania and Macedonia during the NATO bombing campaign against the Serb Army in the republic of Kosovo. Task Force Hawk provided security for the 1st Infantry Division as they moved into Kosovo on 12 June 1999 to establish Task Force Falcon. On 20 June 2000, the 1st Armored Division went on point again for our nation when we assumed control of the peacekeeping mission in Kosovo. Task Force Falcon serves as Multinational Brigade-East in command of eight NATO units within their sector.

Today, the 1st Armored Division stands on freedom's frontier as a forward-deployed, deployable force for our Army and our nation. The 1st Armored Division is a cutting-edge, combat-ready, highly mobile, lethal force. The division consistently enjoys success by striving for the highest standards in training, maintaining and caring, making Old Ironsides one of the Army's premier fighting forces and truly America's Tank Division.

The history of the 1st Armored Division is also located on the division website: www.1ad.army.mil - click on "1ad history."





Check out the 1st Armored Division Museum as another source to learn about the division history:

"The 1st Armored Division is the oldest and most prestigious armored division in the United States Army. From its desert tank battles against Field Marshall Erwin Rommel's Afrika Korps, to its stunning victories in the Persian Gulf War, in peace or war, the Old Ironsides Division has amassed a proud record of service to our country.

The ORIENTATION GALLERY welcomes the visitor with a scale model of awesome fighting power of the modern 1st Armored Division, in which every armored vehicle in the division is represented by a 1:300th scale model. Other exhibits in this gallery define the division's lineage and honors, how it received its traditional OLD IRONSIDE designation, a display divisional flag, a changing exhibit room and a gallery of past division commanders.

The MINI THEATER is located off the Orientation Gallery and features a 15-minute video that chronicles the division history and explains the mission of the 1st Armored Division in the defense of Europe today. Other films of military and historical interest are also shown in the Mini-Theater.

The MAIN GALLERY houses the principal exhibit of the history of the 1st Armored Division. In chronological order, visitors move from room to room, tracing the Division's history. A time line helps you orient the Division's activities on the larger events of world history.

The MUSEUM PARK is immediately adjacent to the museum. In it are representative armored fighting vehicles and artillery pieces of the 1st Armored Division, as well as those of its World War II German and Gulf War Iraqi foes."

- taken from Museum Website

The 1st Armored Division Musuem is located in Baumholder, Germany.

Hours of Operation are:

Monday - Friday 10:00am - 5:00pm 1st Saturday of the month 12:00pm - 5:00pm Closed on United States Federal Holidays

Museum Website:

http://www.baumholder.army.mil/museum/museum.htm



Iron Azimuth

Iron Azimuth of 1st Armored Division

The Commanding General has established this IRON AZIMUTH to focus the division's efforts.

The 1st Armored Division will be a fit, disciplined, cohesive team led by skilled and versatile leaders, focused on excellence and capable of rapid deployment and decisive victory.

Our soldiers and leaders must be FIT, ready to endure the rigors of combat and unexpected deployments to austere environments. Physical readiness cannot be attained after the deployment order is given. Fitness training must be tough, demanding, done regularly and evaluated to exacting standards. Make it part of our daily habit.

Our soldiers and leaders must have IRON DISCIPLINE. They must be ready to enforce and execute to exacting standards under the most arduous conditions without supervision. Iron Discipline forms the foundation upon which all else is built. Without it we will not succeed; with it we are unbeatable. When you train to standard, you inherently train safely.

We fight as a **COHESIVE TEAM** of teams — combinedarms teams. The division's strength comes from the synergy of the elements of combat power and from the indispensable contributions that every Iron Soldier makes to our success. Every Iron Soldier must know and feel that they are an important part of the Iron Team. Build teamwork into all of your training.

Iron Azimuth of 1st Armored Division

Training SKILLED AND VERSATILE LEADERS is our investment in our future. Focus on warfighting and grow technically and tactically competent leaders at all levels. Warfighting competence builds the confidence necessary to lead in the brutal environment that is combat, and the versatility and mental agility to succeed in other military operations.

I expect our leaders and soldiers to pursue EXCELLENCE in everything that they do. We cannot ever accept less than our best. In combat, there is no "second prize"; there is only devastation. Daily commitment to excellence and tough, demanding training done to exacting standards will instill the mental sharpness and precision required to impose our will on a thinking enemy. Reinforce this theme in your training and you will get better everyday.

We are a contingency division in a forward-deployed corps. We must be capable of **RAPIDLY DEPLOYING** force packages of trained and ready soldiers to execute national missions across the spectrum of conflict. We must maintain a contingency mindset in our soldiers, leaders and families.

DECISIVE VICTORY — The devastating impact of overwhelming firepower, speed and shock action to break the will of our enemy – this is our standard. It is the product of a sustained focus on warfighting excellence that must permeate everything that the division does.

Iron Priorities

FOCUS ON WARFIGHTING. Our goal is commanders capable of deploying and employing lethal combined-arms teams and battle staffs that can integrate the battlefield operating systems, synchronize combat power and control combat operations.

DEVELOP COMPETENT, CONFIDENT LEADERS OF CHARACTER. Our goal is growing leaders with the savvy, skills and will to win; who can <u>teach</u> their soldiers to survive and to operate, maintain, deploy and employ their equipment, weapon systems and units.

SUSTAIN OUR ABILITY TO FIGHT. Our goal is units with effective deployment and logistics systems that account for property and have effective service, recovery and drivers training programs.

CARE FOR SOLDIERS AND FAMILIES. Our goal is safe, well-trained soldiers and informed, involved and ready families that treat each other with dignity and respect.

BUILD STRONG COMMUNITIES. Our goal is safe, supportive communities for our soldiers and their families to live, work and grow.

Good Leaders Develop Great Soldiers!

1st Armored Division Patch



The 1st Armored Division's commitment to the civic and military values for which Old Ironsides has been renowned for over half a century (loyalty, duty, respect, selfless service, honesty, integrity and personal courage) remains relentlessly strong today.

The distinctive insignia of the 1st Armored Division is drawn in bold colors, characteristic of the division. The insignia is designed from the triangular coat-of-arms of the American World War II Tank Corps. The yellow, blue and red colors of the shoulder sleeve insignia represent the combined-arms nature of the armored division (Armor, Infantry and Artillery).

Superimposed on the triangle is the insignia of the former Seventh Cavalry Brigade (Mechanized), the predecessors of Old Ironsides. The tank track represents mobility and armor protection, the gun denotes firepower, and the chain of lightening symbolizes speed and shock action. Mobility, firepower and shock action are the basic attributes of Armor.

The Arabic numeral in the apex of the triangle indicates the 1st Armored Division. The nickname of the division, officially sanctioned by the Department of the Army, is emblazoned under the triangle and is an integral part of the insignia.

Old Ironsides Designation

Soon after the activation of the 1st Armored Division at Fort Knox, Kentucky, on 15 July 1940, our first commander, Major General Bruce R. Magruder, began searching for an appropriate nickname for the division. From a painting of the *U.S.S. Constitution* he noted the ship's nickname, Old Ironsides. Impressed with the parallel between the early development of the tank and the Navy's Old Ironsides; symbolizing the spirit of daring and durability, he decided the 1st Armored Division should also be named Old Ironsides. Thus a famous warship of the U.S. Navy and the famous 1st Armored Division of the U.S. Army, both historic symbols of democracy, are historically and appropriately welded by the same name, Old Ironsides.

After many years of using the name Old Ironsides, the Department of the Army officially recognized the designation on 19 August 1963.

Dignity and Respect!

U.S.S. Constitution/Old Ironsides, Boston Harbor, 2000

Patriotisom, Discipline, Readiness, Self-Sacrifice

Iron Soldier March/Army Song

Iron Soldier March

Iron Soldiers Old Ironsides 1st Armored Division Honor and Pride

Guarding Freedom We're Proud to be America's Tank Force Steel Victory

With That Iron Patch Worn on My Sleeve I Follow Those Who Fought for Liberty

Always Ready For Peace we Strive Iron Soldiers Old Ironsides

All Iron Soldiers are expected to stand and sing the "Iron Soldier March" and the "Army Song" at division ceremonies.

The Army Song

First to Fight for the Right, and to Build the Nation's Might, and the Army goes Rolling Along.

Proud of all we have done,
Fighting 'till the Battle's Won, and the Army goes Rolling Along.

Then it's H!! H!! HEY!

The Army's on its way.

Count off the Cadence Loud and Strong!
For Where'er we Go,
You will Always know that
The Army goes Rolling Along.

Code of Conduct/General Orders

Code of Conduct For Members of the Armed Forces of the United States

- 1. "I am an American fighting soldier. I serve in the forces which guard my country and our way of life in their defense."
- 2. "I will never surrender of my own free will. If in command, I will never surrender my soldiers while they still have the means to resist."
- 3. "If I am captured, I will continue to resist by all means available. I will make every effort to escape and aid others to escape. I will accept neither parole nor special favors from the enemy."
- 4. "If I become a prisoner of war, I will keep faith with my fellow prisoners. I will give no information or take part in any action, which might be harmful to my comrades. If I am senior, I will take command. If not, I will obey the lawful orders of those appointed over me and will back them up in every way."
- 5. "When questioned, should I become a prisoner of war, I am required to give name, rank, service number and date of birth. I will evade answering further questions to the utmost of my ability. I will make no oral or written statements disloyal to my country and its allies or harmful to their cause."
- 6. "I will never forget that I am an American fighting soldier, responsible for my actions and dedicated to the principles which made my country free. I will trust in my God and in the United States of America."

General Orders

- 1. I will guard everything within the limits of my post and quit my post only when properly relieved.
- 2. I will obey my special orders and perform all my duties in a military manner.
- 3. I will report violations of my special orders, emergencies and anything not covered in my instructions to the commander of the relief.

Army Values

Loyalty: Bear true faith and allegiance to the United States Constitution, the Army, your unit and your fellow soldiers.

- 1. Loyalty to the Constitution is not only your support and defense of the nation against all enemies, foreign and domestic, but your readiness and willingness to fight for the American ideals of freedom and justice.
- 2. Loyalty to the Army requires your support of the military and civilian chain of command.
- 3. Loyalty to the Unit and Fellow Soldiers is the obligation between those who lead and the led, and the shared commitment among soldiers for one another.

Duty: Fulfill your obligations.

- 1. Duty is a legal or moral obligation to do what should be done without being told to do it.
- 2. Duty means accomplishing all assigned tasks to the fullest of your ability.
- 3. Duty requires willingness to accept full responsibility for your actions and for your soldiers' performance.

Respect: Treat people as they should be treated; be up front with your soldiers and tell it like it is and give them the dignity and respect they deserve.

Selfless-service: Put the welfare of the Nation, the Army, the unit and your subordinates before your own.

Honor: Live up to all the Army values; honor them through your courage, candor, commitment and competence you display every day.

Integrity: Do what's right, legally and morally; it means being honest and upright, avoiding deception, and living the values you suggest for your subordinates.

Personal Courage: Face fear, danger or adversity (physical or moral):

- 1. Physical courage is overcoming fears of bodily harm and doing your duty.
- 2. Moral courage is the courage to stand firm on your values, your moral principles and your convictions.

Creed of the Noncommissioned Officer

Creed Of The Noncommissioned Officer

No one is more professional than I. I am a Noncommissioned Officer, a leader of soldiers. As a Noncommissioned Officer, I realize that I am a member of a time-honored corps, which is known as "The Backbone of the Army."

I am proud of the Corps of Noncommissioned Officers and will, at all times, conduct myself so as to bring credit upon the Corps, the Military Service and my country, regardless of the situation in which I find myself. I will not use my grade or my position to attain pleasure, profit or personal safety.

Competence is my watchword. My two basic responsibilities will always be uppermost in my mind: Accomplishment of my mission and the welfare of my soldiers. I will strive to remain tactically and technically proficient. I am aware of my role as a Noncommissioned Officer. I will fulfill my responsibilities inherent in that role. All soldiers are entitled to outstanding leadership; I will provide that leadership. I know my soldiers and will always place their needs above my own. I will communicate consistently with my soldiers and never leave them uninformed. I will be fair and impartial when recommending both awards and punishment.

Officers of my unit will have maximum time to accomplish their duties; they will not have to accomplish mine. I will earn their respect and confidence as well as that of my soldiers. I will be loyal to those with whom I serve: Seniors, peers and subordinates alike. I will exercise initiative by taking appropriate action in the absence of orders. I will not compromise my integrity nor my moral courage. I will not forget, nor will I allow my comrades to forget, that we are professionals, Noncommissioned Officers, leaders!

The Iron Pact

The Iron Pact

1. **Purpose:** I know that as an Iron Soldier, I am expected to conduct myself in such a manner that reflects favorably upon myself, the 1st Armored Division and the United States Army.

2. Iron Soldiers' Responsibilities:

- a. Treat others with dignity and respect and do not tolerate or engage in sexual, racial or other types of discrimination or harassment.
- b. Be technically and tactically proficient.
- c. Obey all lawful orders.
- d. Be present at the prescribed place, on time, in the proper uniform, looking sharp and prepared to excel.
- e. Maintain proper height/weight standards or be within body fat standards.
- f. Maintain proper appearance, stay in great shape not portraying an appearance of being overweight or obese.
- g. The division goal is for companies to maintain a company Army Physical Fitness Test average of 250 with no failures. Maintain a proper level of physical conditioning and pass the APFT.
- h. Maintain weapons qualification on your assigned individual and crew-served weapons. Know clearing and loading procedures, immediate action, stoppage, or misfire procedures for all individual and crew-served weapons used by each individual soldier and their assigned supervisors. Know mechanical functions, firing techniques and capabilities of your assigned weapons. The division goal for battalions is all soldiers qualified with their individual weapon with 50% qualifying expert.
- i. Know and use your chain of command and NCO support channel.

The Iron Pact continued

3. Ironland Command Responsibilities:

- a. This command has the responsibility to take care of Iron Soldiers and their families. This is accomplished by ensuring their records are maintained properly, their pay is timely and adequate housing is provided. Their religious, medical, recreational and educational needs must also be met. Commanders will ensure Iron Soldiers and families are treated with **Dignity and Respect**.
- b. The chain of command will give safety instructions as a part of all activities and will vigorously enforce safety standards. Proper risk assessments will be conducted prior to all activities and events.
- c. Iron leaders will know their soldiers, teach, coach and mentor them to achieve standards.
- 4. Iron Soldier Readiness: All soldiers of the 1st Armored Division, America's Tank Division, must be prepared to deploy anywhere in the world. It is your responsibility as an Iron Soldier to be technically and tactically proficient in order to accomplish your mission. Train in peacetime as hard as you have to fight in wartime. Be a leader and take the initiative; that is what sets our Army apart from all others. Do the right thing and always take care of your soldiers.

I Will Be Loyal to Those With Whom I Serve

Soldier Deployment Readiness

- 1. All soldiers are expected to be ready to deploy with little advance notice. To meet this demand, all soldiers must keep the following items current at all times.
 - a. ID Card: Must be correct and serviceable at all times.
 - b. ID Tags: Must be correct and worn when engaged in field training, traveling in aircraft and when outside the United States. ID tags and the Army Values tag are the only authorized items to be worn on the ID tag chains. When applicable to the soldier, the medical condition warning tags will also be worn.
 - c. Emergency Data: Correct emergency data records as soon as a change occurs.
 - d. Wills: Wills and powers of attorney must be kept current and correct. If you need or want to change a will or power of attorney, contact the Legal Assistance Office.
 - e. Family Support Groups: Paragraph 2-5c, AR 215-1 establishes the require ment for Family Support Groups. Ensure your family members, whether residing in the command or not, are aware of your unit's Family Support Group. These groups provide vital support and services to family members during deployments.
 - f. Dental: Soldiers are required to have annual dental checks to stay deployable. Any dental condition likely to cause dental emergency (Category 3 and 4) must be treated to make the soldier deployable.
 - g. Family Care Plans: With the frequency and duration of deployments increasing, our unit cannot afford to have a soldier become non-deployable because of an unworkable family care plan. It is the soldier's and commander's responsibilities to ensure all paperwork is complete, and all leaders need to subject each plan to a common sense test. It is not fair to the soldier, the unit or to the Army to have this program improperly managed.
 - h. HIV and TB Scan: Must be updated annually.
 - g. DNA and Panorex: Copies of both should be annotated in dental and medical records annually.

My Two Basic Responsibilities Will Always Be Mission and Soldiers

Personal Appearance

1. Responsibility:

- a. Each Iron Soldier is responsible for maintaining a sharp, soldierly appearance. For example, hands in pockets, poorly fitted uniforms, and improperly worn equipment do not represent a professional appearance and do not meet Iron Standards.
- b. Each soldier, NCO and officer has the personal responsibility to enforce and maintain the standards outlined here and in AR 670-l. Tactful on-the-spot corrections will be made.
- 2. **General:** Soldiers must project a professional military image that leaves no doubt that they live by a common standard and adhere to the military standards of good order and discipline.
- 3. Wear of the Uniform: Your uniform identifies you as a member of the United States Army and the 1st Armored Division. Wear it with pride. Soldiers within the Division may wear only those items prescribed by AR 670-1 or contained in current authorization documents as authorized uniforms, accessories and insignia. Wearing a combination of civilian and military clothing is prohibited, unless prescribed in AR 670-1, authorization documents approved by HQDA or this 1st Armored Division pamphlet.
 - a. Uniform Appearance: Soldiers ensure articles such as wallets, checkbooks, combs, keys, pens, etc. do not protrude from the pockets or present a bulky appearance. Hanging of key chains, wallet chains, etc. from the belt or belt loops is not authorized. Soldiers will not place their hands in their pockets except momentarily to place or retrieve objects. A pen or pencil may be exposed on the hospital/food-service, CVC and flight uniforms. Male soldiers are not authorized to carry or use an umbrella while in uniform at any time. Female soldiers will not carry or use the umbrella when in the utility uniform. Commercial rucksacks, gym bags or like articles may be worn over one shoulder while in uniform. These articles may be worn over both shoulders when riding a bicycle or motorcycle. All items worn on the shoulder must be black or a camoflage pattern with no logos. In a field environment, the map case may be carried over the shoulder. The issued rucksack and NBC bag will only be worn on the shoulders when used for their intended purpose. All items worn over the shoulder must be BLACK OR CAMOUFLAGE PATTERN WITH NO LOGOS AND NO WORDING. This policy amends the policy stated in paragraph 1-10d, AR 670-1, dated 1 Sep 92.

- b. The Duty Uniform: AR 670-1 prescribes uniforms for wear. The following paragraphs summarize portions of the regulation.
 - (1) The Battle Dress Uniform (BDU), temperate or hot weather, is the authorized uniform for wear year-round. The uniform consists of the jacket and trousers, highly shined boots, green or black socks, black belt with open face buckle, brown T-shirt, approved winter undershirts and the black beret/BDU hat. Female soldiers are authorized to carry an approved handbag while in garrison only. Commanders specify the uniform of the day to maintain uniformity.
 - (2) Pressing and starching the BDU is authorized. This is appropriate for special occasions when appearance should be especially sharp, such as parades, reviews, inspections and other ceremonial activities. The BDU is designed to fit loosely; alterations to make them form fitting are not authorized. Keep uniforms free of holes and tears and keep them buttoned, zipped and snapped. Creases sewn into any uniform are not authorized.
 - (3) T-shirts: All soldiers wear the brown T-shirt with the BDU. White T-shirts are worn with service, dress, mess, hospital and food-service uniforms.
 - (4) Two identification tags and the Army Values tag will be worn around the neck (except when safety considerations apply), beneath the T-shirt on long and short chains. These tags should be worn when engaged in field training, traveling on aircraft, and when in uniform or on duty outside the United States. When applicable to the soldier, the medical condition warning tags will be worn.
 - (5) Sewn items on the uniform will be machine sewn, not hand sewn. Soldiers will have their insignia of rank sewn on the Kevlar helmet cover.
 - (6) Subdued items, i.e., belt buckles, belt tips and insignia of rank are kept subdued (black).
 - (7) Sleeves, when worn rolled up, must have the camouflage pattern exposed. Sleeves are rolled neatly two folds, no more than three inches above the elbow. If worn down, soldiers will button the cuffs of the sleeve. Do not roll up sleeves on flight and armor crewman NOMEX suits while performing crew duties. Do not roll up sleeves when wearing LCE and Kevlar helmet unless participating in a ceremony.

Always Set the Standard

- (8) Do not intermix wearing hot weather and temperate BDU pieces to include the BDU cap.
- (9) The BDU jacket and field jacket will have "U.S. Army" and name tapes sewn above pockets and rank insignia worn as specified in AR 670-1. Sew the 1st Armored Division patch on the left shoulder. All divisional units will wear the 1st Armored Division patch. Tenant units will wear the specified shoulder patch of their command (e.g., MEDDAC, CID).

c. Items Authorized For Wear:

- (1) Military headgear will be worn in all wheeled military and civilian vehicles unless it interferes with the safe operation of the vehicle. All occupants of wheeled tactical vehicles will wear the full field uniform when participating in field training exercises and during convoy operations going to or returning from field deployments. In garrison, operators and passengers will wear the Kevlar helmet during vehicle operations. All occupants of tracked tactical or combat military vehicles will wear the Kevlar or CVC helmet during all vehicle movement.
- (2) Military headgear will be removed when indoors except when under arms (under arms is performing duties as an MP, personal security officer, pay guard or prisoner escort) or while participating in official ceremonies conducted indoors.
- (3) Soldiers will not sew name tapes or cat eyes on the BDU cap. Soldiers will not roll or shape the BDU cap.

d. Wear of Civilian Jewelry.

- (1) A wristwatch, a wrist identification bracelet, including a conservativestyle MIA/POW identification bracelet (only one item on wrist) and not more than two rings may be worn when in uniform. Jewelry must be conservative and in good taste. An engagement/wedding ring set is considered one ring.
- (2) A conservative tie tack or tie clasp may be worn with the black four-inhand necktie.

- (3) Soldiers will not attach, affix or display objects, articles, jewelry or ornamentation to or through the skin while in uniform or when wearing civilian clothing on duty or in civilian clothes off duty on any military installation or other places under military control. Exceptions are earrings for females as outlined in AR 670-1 and hearing aids. Male soldiers are not authorized to wear earrings or any other objects in or on the ear while in uniform, when wearing civilian clothing on duty or at any time while on any military facility or kaserne/base.
- (4) Fad devices, to include vogue medallions, personal talismans or amulets (as well as body-piercing jewelry, navel, tongue or nose piercing whether worn seen or unseen) will not be worn when in uniform, on duty in civilian attire or on a military installation while in civilian attire.

e. Tattoos.

- (1) Visible tattoos or brands on the neck, face or head are prohibited.
- (2) Tattoos on other areas of the body that are prejudicial to good order and discipline are prohibited.
- (3) Any type of tattoo or brand that is visible while wearing a Class A uniform and detracts from a soldierly appearance is prohibited.
- 4. Uniform Composition: Unit commanders will prescribe composition of the duty uniform. As long as duty uniforms are consistent with the duty or training performed and account for weather conditions. Company-sized units will maintain uniformity for all soldiers performing like duty.
- 5. Footwear: Combat boots will be the issue type or similar commercial design. Soldiers will maintain boots in good shape and highly shined. Zippers or metal taps are unauthorized modifications to combat boots. Jungle boots are authorized for optional wear from 1 April to 1 October (black/green issue jungle boots are the only authorized cloth boot).
- 6. Camouflage Cold Weather (Gortex) Parkas: The only items authorized for wear on the Gortex parkas are subdued rank and a combat leader identification (green) tab, and the white cold weather injury marking tape (same size as the Combat Leader Identification tab). Soldiers will sew name tapes with ¼ inch letters to the Gortex parka, ¼ inch above the bottom of the pocket flap on the left sleeve. Black leather gloves will be worn when the field jacket or other authorized cold weather outer garment is worn.

7. Gloves: The standard black leather gloves, or their equivalent, are the only gloves authorized for outerwear. Gloves may be worn with the APFT, field, Gortex or rain jackets. Glove shells, of any color, are not authorized for outerwear. NOMEX gloves will only be worn with NOMEX uniforms.

8. Combat Vehicle Crewman (CVC) Uniforms:

- a. CVC uniforms issued to tracked vehicle crewmen will be worn during combat, live-firing exercises, field training exercises or when directed by unit commanders during vehicle operations. CVC uniforms will not be worn in AAFES or commercial businesses like the PX, Burger King, bank, etc.
- b. The CVC uniform consists of NOMEX coveralls, cold weather NOMEX jacket and summer or cold weather NOMEX gloves. Black leather combat boots are the only authorized footgear when wearing this uniform. Ballistic undergarment body armor and balaclava will be worn during live-fire training.
- c. Patches, name tapes and rank will be sewn on IAW AR 670-1.

9. Military Coveralls:

- a. Iron Soldiers performing duties in designated maintenance work areas and motorpools may wear military coveralls.
- b. Coveralls will not be worn in lieu of the proper field uniform, but may be worn in training areas while performing maintenance on equipment.

10. Flight Uniforms:

- a. Iron Soldiers on flight status will wear flight uniforms only when their primary duty for the day is flying or they are on standby status awaiting flight duty.
- b. The flight uniform consists of the aviation BDU jacket and pants or organizational flight coverall, flight jacket and flight gloves. Black leather boots are the only authorized footgear with this uniform. Flight uniform sleeves will be worn down unless specified by the commander. When rolled, sleeves will be rolled all the way up (a ¾ roll is not authorized at anytime).
- c. Unit patches and nameplates will be worn IAW AR 670-1 (no other patches are authorized).

Display High Personal and Professional Standards

11. Physical Fitness Uniforms (PFU):

- a. The Army gray or the new Improved Physical Fitness Uniform (IPFU) are the only authorized physical fitness uniforms. The gray uniform consists of the gray athletic T-shirt with "ARMY" printed on the chest, gray general purpose trunks, gray sweat pants, gray hooded sweat shirt with zipper and plain white socks (mid-calf length). Shoes may be any type of commercially purchased athletic shoe appropriate for the physical conditioning being trained. Black gloves may be worn with the PFU with or without inserts. The black watch cap may be worn as specified by the commander. The PFU is for PHYSICAL FITNESS TRAINING ONLY; it is not authorized for work details or for wear in AAFES or commercial businesses like the PX, Burger King, etc.
- b. Commanders may authorize the wear of commercially purchased, solid-incolor, gray or black spandex shorts (or the equivalent) to be worn under the gray shorts. The length of the spandex shorts or equivalent must end above the knee or higher. Any logos present cannot be visible.
- c. Whenever the gray sweat shirt and gray sweat pants are worn, the gray shorts and gray T-shirt will be worn under them.
- d. The PFU shirt will always be worn tucked into the PFU shorts. Soldiers will wear the hooded sweat shirt zipped and not open.
- e. The gray sweat pants or gray sweat shirt may be worn separately with the gray T-shirt and gray shorts as long as uniformity is maintained as directed by the commander.
- f. When exercising individually, soldiers will wear a yellow, orange or green reflective belt as per their unit designation. Unit formations require four road guards (at a minimum) with standard high-visibility road guard vests. Road guards will carry white filtered flashlights during hours of darkness. Soldiers wearing the new IPFU are not required to wear a reflective belt.

12. Iron Field Uniform:

- a. BDUs with brown T-shirt.
- b. Black leather combat boots (includes cold weather boots between 1 October to 1 April).

Lead By Example

- c. Kevlar helmet with chinstrap properly fastened, worn on the chin at all times, and olive-drab tape (no black or bright green tape) on the loose ends of the straps on each side. The helmet will include:
 - (1) Camouflage cover with subdued sewn-on rank. No writing or drawing is authorized on the cover.
 - (2) Helmet band with soldier's last name only sewn or printed black ¼ inch block letters, centered on the helmet band (no other writing is authorized).
- d. Load Bearing Equipment (LBE) will consist of the following:
 - (1) Pistol belt.
 - (2) LBE suspenders.
 - (3) Two canteens (one with cup) with covers (worn on left and right hips).
 - (4) Two ammo pouches with six 30-round magazines for soldiers issued the M-16, and one 9mm ammo pouch with magazine worn on the left side for soldiers issued a 9mm.
 - (5) First aid pouch with first aid packet will be worn on upper left side of suspenders, right side up.
- e. The pile cap or balaclava (CIF issue green or black) are the only authorized cold weather items for wear under the Kevlar helmet. Black PT cap will not be worn under the Kevlar helmet at any time.
- f. Other items worn with the field uniform will be METT-T driven (body armor, protective mask, ear plugs, whistle, flashlight, etc).
- g. Soldiers will wear the LBE fitted to rest at waist-level with the pistol belt buckled. Pistol belt extenders are authorized when wearing body armor.
- h. Soldiers will wear the full field uniform while driving a wheeled tactical vehicle in a field environment or as part of convoy operations moving to or from field training events. Soldiers will wear the Kevlar helmet or CVC helmet when operating tracked and wheeled vehicles in all other environments not addressed above.
- i. Soldiers issued the new Load Bearing Vest (LBV) will wear all authorized and METT-T driven items in the same locations as described above.

13. Health and Physical Fitness:

- a. All Iron Soldiers are expected to maintain themselves in sound physical condition, regardless of age. All Iron Soldiers will strive to achieve maximum points on the APFT. The Iron Goal is for each company to average 250 points on the APFT with no failures. The APFT score is a goal and cannot be used as a discriminator for promotions and schools.
- b. The Physical Fitness Program for pregnant soldiers is designed to maintain a level of fitness without causing injury to the soldier or the fetus. Upon confirmation of pregnancy, soldiers will obtain a "Positive Pregnancy" profile from the Obstetrics Clinic. Unit commanders will enroll pregnant soldiers in a special PT program established by the unit Master Fitness Trainer and medical personnel.
- c. Physical Training Hours in 1st Armored Division.
 - (1) Units will conduct physical fitness training four times a week.
 - (2) 0630 0730, Monday, Tuesday, Wednesday, Friday
- d. Good health and physical conditioning include maintaining proper weight and body fat standards. Unit leaders will enforce the Army's height, weight and body fat standards. Commanders will ensure overweight soldiers are on an effective weight control program.
- e. Unit leaders will ensure all newly assigned Iron Soldiers meet height, weight and body fat requirements as part of initial in-processing into the unit. Commanders will take appropriate action to enroll overweight soldiers in the overweight program.
- f. Smoking and other use of tobacco products is prohibited in all 1st Armored Division facilities, except in designated areas. Smoking and other use of tobacco products is prohibited in all military vehicles and military aircraft.
- g. Smoking and other use of tobacco products is permitted in troop billets. Commanders will ensure smoking preferences are considered when assigning rooms in troop billets.

14. Eyeglasses/Sunglasses:

a. Conservative civilian prescription eyeglasses are authorized for wear with all military uniforms.

- b. Nonprescription sunglasses are authorized for wear, except in formation.
- c. Eyeglasses or sunglasses that are faddish are not authorized for wear with the military uniform. Faddish eyeglasses include lenses or frames with initials, other adornments, or brightly colored frames. Chrome-coated or reflective lens sunglasses will not be worn.
- d. Eyeglasses or sunglasses with lenses that are so large as to detract from the appearance of the uniform will not be worn.
- 15. Haircuts, Mustaches and Hairstyles: Iron Soldiers are expected to abide by Army hair and fingernail standards and grooming policies. The hair on top of the head will be neatly groomed. The length and bulk of the hair will not present a ragged, unkempt, or extreme appearance or be excessive. If using dyes, tints or bleaches on hair, use colors that are natural to human hair and do not present an extreme appearance. Do not cut lines or designs into hair or scalp.
 - a. A male soldier's hair, sideburns and mustache will conform to the standards contained in AR 670-l.
 - b. The hair will present a tapered appearance and when combed will not touch the ears, eyebrows or collar except for the closely cut hair at the back of the neck. Hair will not be visible on the forehead when wearing any military headgear.
 - (1) Soldiers will keep sideburns neatly trimmed. The base of the sideburns will not flare at the bottom. Sideburns will be in a clean shaven horizontal line. Sideburns will not extend below the lowest part of the exterior ear opening.
 - (2) Soldiers will keep mustaches neatly trimmed, tapered and tidy. No portion of the mustache will cover the upper lip line or extend sideways beyond a vertical line drawn upward from the corner of the mouth.
 - (3) Male soldiers will be clean shaven. If an appropriate medical authority prescribes beard growth, they will specify the length required for medical treatment on the soldier's profile. Soldiers with shaving profiles will carry a copy of the profile on their person at all times.
 - (4) Wigs or hairpieces may only be worn to cover natural baldness or physical disfiguration caused by an accident or medical procedure. When worn, they will conform to the standards as stated above.

Conduct Yourself in a Military Manner at all Times

- c. A female soldier's hairstyle will conform to the standards in AR 670-l.
 - (1) Soldiers will keep hair neatly groomed. The length and bulk of the hair will not be excessive or present a ragged, unkempt or extreme appearance. Hair will not fall over the eyebrows or extend below the bottom edge of the collar. Hairstyles will not interfere with the proper wearing of military headgear or protective masks.
 - (2) Wigs or hairpiece may be worn as long as they are of natural hair color and the style and length conform to appearance standards.
 - (3) Hair holding ornaments (such as, but not limited to, barrettes, pins, clips or bands), if used, must be unadorned and plain. Soldiers will use ornaments that are transparent or similar in color to their hair. These ornaments will be inconspicuously placed. Beads or similar ornamental items are not authorized.
 - (4) Hair will not be visible on the forehead when wearing any military headgear.
- 16. Lipstick and Nail Polish: Female soldiers may wear lipstick and nail polish, but they must be conservative and compliment the uniform. Soldiers will not wear extreme shades such as purple, gold, blue, black or white. Charms and designs are not authorized on nails.
- 17. Wear of Military Clothing with Civilian Attire: Iron Soldiers may wear the all-weather coat, black pullover sweater, and windbreaker with civilian clothing after all military insignia has been removed.
- 18. Wear of Civilian Clothing On-Post and Off-Post:
 - a. As a representative of the United States of America and the 1st Armored Division, an Iron Soldier's outward appearance and choice of civilian attire are a most obvious and tangible display of personal attitudes and feelings about one's self, the military community, and the host nation. Iron Soldiers should strive to consciously portray self-respect and common courtesy by dressing in accordance with generally accepted rules of good taste.

- b. Iron Soldiers should wear civilian attire appropriate for the occasion.
 - (1) Clothing not designed as outer garments (i.e., undershirts) will not be worn in public except while engaged in sporting events or while working close to quarters or billets areas.
 - (2) Bare feet, exposed hair curlers and revealing clothing are inappropriate for on-post and off-post facilities (i.e., commissary, restaurants, PX and clubs).
 - (3) Iron Soldiers will dress with pride and will not wear clothing with slogans or signs that are obscene, intentionally inflammatory, glamorize the use of drugs or alcohol or are demeaning to any person or group of people.
- c. Civilian employees and family members are identified with the U.S. Army and, as such, their dress also reflects on the prestige of the United States and the 1st Armored Division. Accordingly, civilian employees and family members are expected to adhere to the above provisions.

Conduct Yourself in a Military Manner at all Times

Personal Conduct

- 1. General: Whether on or off duty, Iron Soldiers will conduct themselves in such a manner so as not to bring discredit upon themselves, the 1st Armored Division or the U.S. Army. Undesirable conduct includes, but is not limited to, use of illegal drugs, drunk/reckless driving, drunk or disorderly conduct, offensive language or gestures and failure to satisfy financial obligations.
- 2. Off-Post Conduct: When visiting public establishments, Iron Soldiers must be especially courteous and conduct themselves in a manner that does not bring discredit upon themselves or the Army. Since this is an area of special importance in Europe, the best way to ensure acceptable behavior is to obey local laws, dress and behave in accordance with local customs.
 - a. Wear the proper clothes. Every establishment will expect customers to wear acceptable clothes such as a shirt, trousers, socks and shoes. Find out ahead of time what clothes are proper and dress accordingly.

- b. Watch the noise level. Always respect the rights of others to have a quiet meal or drink. Entering an establishment yelling and screaming at friends will create resentment.
- c. Limit group size. Many German establishments are small and their largest tables may only seat four to six people. Unless prior arrangements have been made, proprietors may resist pushing several tables together so a large group of friends can all sit together. Large groups also tend to be noisy and may disturb other customers.
- d. Watch your language. The use of profanity is unacceptable anywhere. Profanity has become much more prevalent than what an average American or German citizen would consider normal conversation in public. Profanity has become so standard that we are, evidently, no longer aware of the impression it conveys to our host nation, as well as the offensive atmosphere it creates for fellow Americans. Iron Soldiers should be aware of their surroundings and be tactful and courteous at all times.
- e. Watch your drinking. Over-consumption of alcohol may result in rowdy and unruly behavior. Remember you are a professional soldier and your chain of command, the Old Ironsides Division, and the American people expect you to drink and act responsibly like a professional. It is frequently accompanied by physical injury or damage to property that could result in disciplinary action.
 - (4) Patrons are not allowed to bring food or alcoholic beverages into an establishment without the specific permission of the owner/manager. If permission is granted, the owner/manager is entitled to levy a surcharge for each bottle.
 - (5) Taking any property (i.e., glass, ashtray, beermug, etc.) out of an establishment without the specific permission of the owner/manager is a crime punishable by the appropriate court.
 - (6) Patrons will not use CD players, record players, radios or music boxes without the permission of the owner/manager.
 - (7) The owner/manager will not serve patrons food or beverage after the start of the closing hour.
 - (8) The owner/manager has the right to request patrons to leave if they fail to order food or drink.

(9) Gambling is prohibited in most establishments.

3. Public Use of Alcohol:

- a. Iron Soldiers will not operate or travel in a POV with open containers of alcohol. Iron Soldiers will not carry in public open containers of alcoholic beverages except in areas designated for their consumption(picnic grounds, beer garden, etc.).
- b. IRON SOLDIERS DO NOT DRINK AND DRIVE! Know and use the designated driver rule. Groups of soldiers will designate a driver who will not drink. Use public transportation such as taxis and buses.
- c. The German drunk driving standard is .05%.
- d. Soldiers under the age of 18 cannot consume alcohol.

4. Use of Drugs:

- a. The Army's policy on illegal drugs is **ZERO TOLERANCE**.
- b. Iron Soldiers do not use illegal drugs. Iron Soldiers are forbidden from using illegal drugs at anytime. This includes time spent on leave or pass while visiting other countries.
- c. Soldiers who use drugs will be caught. Soldiers caught using illegal drugs could ruin their military career, receive non-judicial punishment under the Uniform Code of Military Justice or court martial, be discharged early from the military with a loss of all benefits, be sentenced to prison, create financial strains on family, or all of the above. The cost of using illegal drugs is not worth the impact on your life. Stay drug free.

4. Radios, Stereos, Cassette and CD Players:

a. Loud playing of radios, stereos, cassette, CD players or similar devices in public places, on and off post, is a crime. German police have the authority to confiscate such devices when they are played in public areas. These devices disturb and deny others their individual freedom. As a soldier, you are sworn to uphold and safe-guard the freedom of all.

Treat Everyone with Dignity and Respect

- b. Loud playing of radios, stereos, cassette/CD players or similar devices in the housing areas, billets, on or off post is a violation of division policy. Commanders have the authority to confiscate such devices when they are played in such a manner that they disturb other soldiers or citizens. Remember: Do not share your music with others.
- 5. Relationships between Soldiers of Different Ranks: Professional relationships between soldiers are encouraged. Relationships between soldiers of different ranks that involve or give the appearance of partiality or preferential treatment or result in improper personal gain are prohibited. AR 600-50 and the Joint Ethics Regulation govern financial transactions between superiors and subordinates.
- 6. EO/Sexual Harassment: All soldiers have the right to be treated fairly without regard to their sex, race, religion or ethnic background. This includes not being sexually harassed. A soldier or civilian employee engages in sexual harassment when through behavior of a sexual nature attempts to control, influence or affect the career, pay or job of a soldier or civilian employee; or makes deliberate or repeated verbal comments or gestures of a sexual nature that are offensive to the person to whom addressed; or makes abusive physical contact of a sexual nature. Some points to consider:
 - a. Sexual harassment is punishable under the UCMJ.
 - b. Anybody can do it; anyone can be a victim.
 - c. It can happen anywhere, not just in the workplace.
 - d. Don't keep asking a person for a date after you are told no.
 - e. Don't use obscene or dirty language, gestures or cadence calls.
 - f. Treat people the way you want to be treated.
 - g. If you think it's wrong, it probably is.

7. Military Courtesy (Officer):

a. Courtesy is respect for and consideration of others in the Army. The various forms of courtesy have become customs and traditions. It is important to render these courtesies correctly.

Treat Everyone with Dignity and Respect

- b. The salute is a military tradition that extends a greeting and exchange of respect among military personnel. Soldiers will salute in garrison and field environments. Saluting and exchanging greetings while in civilian clothes is encouraged when on military installations. Soldiers who recognize an officer or senior officer while in the Army PT uniform will salute and render the appropriate response.
 - (1) Salutes are rendered by enlisted personnel to officers and warrant officers and by junior officers to senior officers. Salute all standards and flags for senior officers displayed on military vehicles.
 - (2) Military customs encourage the exchange of an oral greeting between soldiers when they salute. Saying your unit motto or "Iron Soldiers," followed by "sir/ma'am" is an appropriate salutation for all Iron Soldiers. Military courtesy places an obligation on the responding soldier to accompany his/her return salute with an appropriate greeting or response like "Iron Soldiers". The spirit in which greetings are exchanged is more important than the words. Good soldiers in good units are eager to exchange greetings with enthusiasm and motivation.
 - (3) Saluting distance is recognition distance. If an individual is coming your way, wait until you are about six steps apart and then render the salute. If he/she is at a distance and turning away, the proper saluting distance is "recognition" distance. When you recognize an officer in a vehicle you should salute. The operator of a vehicle or bicycle is not required to salute.
 - (4) The following rules apply in most situations you are likely to encounter:
 - a. Unit Headquarters, Orderly Rooms, Supply Rooms, Day Rooms and Squad Rooms. The first soldier to see an officer who is senior in rank to the officer present should call "Attention". The senior soldier present in the area should report to the visiting officer who will normally command "Carry On". In smaller rooms containing one or two enlisted soldiers, the soldiers will rise and stand at attention when an officer enters the room. When an officer enters, the senior soldier comes forward and says the unit motto or "Iron Soldiers," followed by "sir/ma'am," as appropriate.
 - b. Classrooms. If an officer enters a classroom in which instruction is being given, an assistant instructor should report to the officer. Should the inspecting officer wish to speak to the class, the assistant instructor will notify the primary instructor. The class should not be disrupted by an inspecting officer's visit.

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- (4) The following rules apply in most situations you are likely to encounter:
 - a. Unit Headquarters, Orderly Rooms, Supply Rooms, Day Rooms and Squad Rooms. The first soldier to see an officer who is senior in rank to the officer present should call "Attention". The senior soldier present in the area should report to the visiting officer who will normally command "Carry On". In smaller rooms containing one or two enlisted soldiers, the soldiers will rise and stand at attention when an officer enters the room. When an officer enters, the senior soldier comes forward and says the unit motto or "Iron Soldiers," followed by "sir/ma'am," as appropriate.
 - b. Classrooms. If an officer enters a classroom in which instruction is being given, an assistant instructor should report to the officer. Should the inspecting officer wish to speak to the class, the assistant instructor will notify the primary instructor. The class should not be disrupted by an inspecting officer's visit.
 - c. Work Areas. When an officer enters, personnel who are working do not come to attention or at-ease unless the officer speaks to them. Unless involved in the transaction of routine business between individuals at work, an enlisted soldier or junior officer should stop working and come to attention when addressed by a senior officer.

- d. Dining Facilities. The first soldier to see an officer senior to those routinely present in the dining facility should call "At Ease" so the officer's presence is known and necessary action can be taken. Soldiers should fall silent but continue to work or eat. The dining facility shift supervisor should report to the officer. Normally the visiting officer will command "Carry On" or "Continue to Work". Enlisted personnel addressed by the officer should stop eating and rise unless the officer directs otherwise. Officers are expected to rise if addressed by an officer senior to them.
- e. Conferences and Briefings. Upon arrival of a commander or other senior officer at briefings or conferences to be held with his subordinates the senior soldier present announces "Gentlemen" or "Ladies and Gentlemen", the division/brigade/battalion/company commander". At that time, everyone present will come to the position of attention until directed to be seated. At the end of the meeting and as the commander begins to leave, all personnel rise or, if necessary, the next senior soldier calls "Attention". Those present salute and say, "Iron Soldiers", as appropriate.
- f. During Conversation. When spoken to by a senior officer, all soldiers, officers and enlisted, should come to the position of attention and face the senior officer. Normally, the senior officer will direct "At Ease" or "Carry On". At other times, such as during the conduct of routine business or informal conversation, a junior officer or enlisted soldier should face the superior officer and be "At Ease". When walking with a senior officer, a junior officer or enlisted soldier will walk to the senior's left.
- g. In Formation. When an officer approaches soldiers in formation, the soldier in charge calls "Attention" and renders a salute for the entire group. When an officer senior in rank approaches a group of soldiers who are not in formation the first person to see him calls "Attention" and everyone in the group faces the officer and renders a salute with the appropriate greeting. Soldiers working as part of a detail or participating in some other group activity, such as athletics, do not salute.
- h. Outside the PX, Post Theater and Other Congested Areas. All soldiers, officers and enlisted, will render the proper salute unless the act would be impractical (i.e., arms full of items), in which case, proper verbal greetings should be exchanged.

Iron Standards

i. Soldiers encountering an officer senior to them with his or her arms full will continue to render the salute. The officer should respond with the appropriate greeting, even though his/her arms are full and he/she is unable to salute.

8. Military Courtesy (NCO):

- a. Unit Headquarters, Orderly Rooms, Supply Rooms, Day Rooms and Squad Rooms. The first soldier to see the CSM enter the room where no officers are present should call "At Ease". The senior soldier present in the area should report to the visiting CSM who will normally command "Carry On". In smaller rooms containing one or two enlisted soldiers, the soldiers should rise and stand at ease when the CSM enters the room. When the CSM enters, the senior soldier comes forward and says "Iron Soldiers".
- b. Work Areas. When the CSM enters, personnel who are working do not come to at-ease unless the CSM speaks to them. Unless involved in the transaction of routine business between individuals at work, an enlisted soldier should stop working and come to parade rest when addressed by the CSM.
- c. When the CSM/1SG enters or leaves his place of duty (the Headquarters/ Company buildings) for the day and no officers are present, soldiers will sound off with "At-Ease".
- d. When an enlisted soldier is speaking to a Noncommissioned Officer, the soldier stands at parade rest unless otherwise directed by the NCO.
- e. A subordinate will stand when spoken to by someone senior in rank, unless the superior directs otherwise.
- f. When walking with a senior soldier, the junior soldier walks to the senior's left side.

9. Military Courtesy (General):

a. When outdoors, Iron Soldiers will render the hand salute or present arms when passing or being passed by uncased National Colors. The salute will be rendered when the Iron Soldier is six steps away from the Colors. When indoors, stand at attention until uncased Colors have passed six steps by. In civilian attire, pay honors to the Colors by removing the headgear with the right hand and by holding the right hand over the heart.

Iron Standards

- b. Military photographers covering ceremonies will render the appropriate courtesy during the playing of the National Anthem.
- c. Iron Soldiers will stand at attention during the playing of the National Anthem indoors (i.e., in theaters and gymnasiums).
- d. Iron Soldiers always show proper respect for the flag. These procedures should be studied to the point that courtesy is shown automatically. Iron Soldiers will show proper respect for NATO partners, especially our host nation, by providing the same honor for their flags and national anthems.
- e. Iron Soldiers will stand at attention and sing the words whenever the Army Song is played.
- f. Iron Soldiers will stand at attention and sing the words whenever "The Old Ironsides March" is played.
- g. "Reveille": When outside in military uniform (duty, Class A, physical fitness, etc.) and not in formation, come to the position of Attention face the flag or music and render a salute on the first note. Remain at Present Arms until the last note is played. In civilian clothes, stand at Attention and place your right hand over your heart (or headgear over your heart, if worn) until the last note is played.
- h. "Retreat" and "To The Colors": When outside, in uniform and not in formation face towards the flag or music and assume the position of Attention on the first note of "Retreat". Remain at attention and render a hand salute on the first note of "To the Colors". Remain at present arms until the last note is played. In civilian clothes, stand at Attention on the first note of "Retreat". On the first note of "To The Colors" place your right hand over your heart (or headgear over your heart, if worn) until the last note is played.
- i. National Anthem: When outside, in uniform and not in formation, face toward the flag or music and assume the position of Attention and render a hand salute on the first note of the music. Remain at present arms until the last note is played. In civilian clothes, stand at Attention and place your right hand over your heart (or headgear over your heart, if worn) until the last note is played.
- j. When any of the ceremonial songs above are played/heard, all vehicles in the area will stop; the occupants dismount the vehicle and render the proper courtesy. Civilians are expected to place their right hands over their hearts.

Appendix 1

- This packing list standardizes the packing of rucksacks, A and B bags for the 1st Armored Division. Bags will remain packed in this configuration at all times. These packing lists enable soldier leadership to account, standardize and provide their soldiers a base for mission packing.
- Unit leaders will make changes to this packing list based on METT-T. Brigade and Battalion CSMs will approve mission based packing lists that differ from the division standard.
- Deployment Uniform:
- A. LBE (or LBV if issued)
- (1) Individuals carry DD Form 1155 (Witness Statement), DD Form 1156 (Casualty Feeder Report) and DD Form 1380 (Medical Evacuation Card) in a small waterproof bag in their Kevlar helmets.
- B. Kevlar w/cover/cammo band & rank
- C. Body armor, if required
- D. Protective mask
- E. BDUs, shirt, bottom w/black belt and black buckle, green/black socks, black
- Identification tags, 2 each w/Army Values tag
- G. Brown T-shirt
- H. Pen or pencil and note-taking material

4. Rucksack:

- A. Packing list:
- (1) 1 x waterproof bag
- (2) 2 x drawers, cotton briefs (optional)
- (3) Field pack, butt (optional)
- (4) Flashlight (in radio pouch)
- (5) Gloves, Gortex
- (6) Sleeping pad (optional)(7) Wet weather parka (right outside pocket)
- (8) Wet weather trousers (left outside pocket)
- (9) Trousers, Gortex (if not worn, put inside rucksack)
- (10) Jacket, Gortex (if not worn, put inside rucksack)

- (11) Poncho (center outside pocket)
- (12) Poncho liner (optional)
- (13) Shaving kit: shaving cream, foot powder, razor with extra blades, insect repellent, soap in dish, camouflage stick, toothpaste with brush, sewing kit, female hygiene items (for female soldiers)
- (14) 2 x Socks, cushion sole (top flap, waterproofed)
- (15) 2 x T-shirts (top flap, waterproofed)
- (16) Shoe shine kit
- (17) Tool, entrenching (right side as worn)
- (18) 1 x Towel, brown
- (19) 1 x Washcloth
- (20) 1 x Coat, BDU
- (21) 1 x Trousers, BDU
- (22) 1 x Polypropylene shirt
- (23) 1 x Polypropylene trousers
- (24) Weapons cleaning kit (inside top flap)
- (25) Balaclava, black
- (26) Sleeping bag
- (27) 1 x BDU cap

NOTE: All items inside must be waterproofed.

5. A-Bag Packing List

- (1) Bag, duffel with lock
- (2) Bag, barracks
- (3) Bag, waterproof
- (4) Civilian clothes (as directed)
- (5)2 x Coat, BDU
- (6) 2 x Trousers, BDU
- (7)5 x Drawers, cotton brief (optional)
- (8) Field jacket
- (9) Field jacket liner (if not in rucksack)
- (10)2 x Garbage bags, 5 gallon (optional)
- (11)Gloves, black with inserts
- (12)Pin-on rank, one set (pinned on duffel bag flap)
- (13)Shower shoes
- (14)2 x Socks, cushion sole
- (15)2 x White socks
- (16)Suspenders, trousers
- (17)1 x Brown towel
- (18)2 x Brown T-shirts

- (19)1 Set Polypropylene
- (20)1 x Boots, black
- (21)1 x BDU cap
- (22)Athletic shoes and PT uniform complete with black PT cap (NOTE: This may be kept in the rucksack, depending on METT-T).

6. B-Bag Packing List

- (1) Bag, Duffel with lock
- (2) Wool blanket
- (3) Bear suit
- (4) Scarf, Wool
- (5) 1 x Set Polypropylene
- (6) NBC bag with training suit
- (7) ICE pack
- (8) NBC gloves with Inserts
- (9) Boots, chemical
- (10)Balaclava hood (green)
- (11) Nomax CVC overalls
- (12) Nomax CVC gloves
- (13) Nomax CVC jacket
- (14)Crew body armor
- (15)1 x Boots, black

LCE Layout



Diagram 1



Diagram 1.2

LCE Layout

Diagram 1/Diagram 1.2 - page 40

Load Bearing Equipment (LBE) will consist of the following:

- (1) Pistol belt
- (2) LBE suspenders
- (3) Two canteens one with cup with covers (worn on left and right hips).
- (4) Two ammo pouches with six 30-round magazines for soldiers issued the M-16, and one 9mm ammo pouch with magazine worn on the left side for soldiers issued a 9mm.
- (5) First aid pouch with first aid packet will be worn on upper left side of suspenders, right side up.
- a. The pile cap or balaclava (CIF issue green or black) are the only authorized cold weather items for wear under the Kevlar helmet. The black PT cap will not be worn under the Kevlar helmet at any time.
- b. Other items worn with the field uniform will be METT-T driven (body armor, protective mask, ear plugs, whistle, flashlight, etc.).
- c. Soldiers will wear the LBE fitted to rest at waist level with the pistol belt buckled. Pistol belt extenders are authorized when wearing body armor.
- d. Soldiers will wear the full field uniform while driving a wheeled tactical vehicle in a field environment or as part of convoy operations moving to or from field training events.
- e. Soldiers issued the new Load Bearing Vest (LBV) will wear all authorized and METT-T driven items in the same locations as described above.

LBV Layout



Diagram 2



Diagram 2.1

LBV Layout

Diagram 2/Diagram2.1 - page 42

Load Bearing Vest (LBV) will consist of the following:

- (1) 2 x 30-round magazines, (top down, rounds facing away from body, pull tabs taped on magazine; last three rounds tracers).
- (2) 1 x 30-round magazine (same as above)
- (3) Survival items: VS17 panel strap, maglight, signal mirror, bottle CLP, 2 frags, knife, fire starter, fishing kit and cordage.
- (4) Compass
- (5) First aid dressing x 2, glint tape
- (6) Water purification tablets
- (7) Strobe light (strobe cover sewn on right canteen cover)
- (8) Earplugs
- (9) Sabre radio may replace one ammo pouch.

NOTE: Items may be added or changed according to mission requirements.

Appendix 2 Commanders of the 1st Armored Division

Brigadier General Julian R. Lindsey	1932 - 1934
Brigadier General Guy V. Henry Jr.	1934 - 1935
Brigadier General Daniel VanVoorhis	1936 - 1938
Brigadier General Adna R. Chaffee	1938 - 1940
Major General Bruce R. Magruder	Jul 1940 - Mar 1942
Major General Orlando Ward	Mar 1942 - Apr 1943
Major General Ernest N. Harmon	Apr 1943 - Jul 1944
Major General Vermont E. Prichard	Jul 1944 - May 1945
Major General Roderick R. Allen	May 1945 - Feb 1946
Major General Hubart R. Gay Jr.	Feb 1946 - Apr 1946
Major General Bruce C. Clarke	Mar 1951 - Apr 1953
Major General Lender L. Doan	Apr 1953 - Jun 1953
Major General William S. Biddle	Oct 1953 - Jun 1955
Major General Robert L. Howze	Jul 1955 - Mar 1957
Major General Edward G. Ferrand	Mar 1957 - Dec 1957
Colonel Delk M. Oden	Dec 1957 - May 1959
Brigadier General Franklin F. Wing	May 1959 - Aug 1960
Brigadier General Roland H. Delmar	Aug 1960 - May 1961
Brigadier General Roy Lassetter Jr.	May 1961 - Feb 1962
Major General Ralph E. Haines	Feb 1962 - May 1963
Major General Harvey J. Jablonsky	May 1963 - May 1965
Major General George Ruhlen	Jun 1965 - Jul 1967
Major General Richard G. Stilwell	Aug 1967 - Apr 1968
Major General John K. Boles Jr.	Apr 1969 - Feb 1970

Major General William K. Desobry	Feb 1970 - Mar 1971
Major General James C. Smith	Mar 1971 - May 1971
Major General James V. Gallowaya	May 1971 - Aug 1972
Major General Adrian St. John II	Aug 1972 - Mar 1974
Major General Roland V. Heige	Mar 1974 - Aug 1975
Major General William L. Webb Jr.	Aug 1975 - Jan 1978
Major General Glenn K. Otis	Jan 1978 - Aug 1979
Major General John C. Faith	Sep 1979 - Nov 1981
Major General Thomas C. Healey	Nov 1981 - Oct 1983
Major General Crosbie E. Saint	Oct 1983 - Jun 1985
Major General Dave R. Palmer	Jun 1985 - Jul 1986
Major General Edwin S. Leland Jr.	Jul 1986 - Jul 1988
Major General Frederick M. Franks	Jul 1988 - Aug 1989
Major General Ronald H. Griffith	Oct 1989 - Jul 1991
Major General William M. Boice	Jul 1991 - Jul 1993
Major General William G. Carter III	Jul 1993 - Jun 1995
Major General William L. Nash	Jun 1995 - May 1997
Major General Larry R. Ellis	May 1997- Jul 1999
Major General George W. Casey Jr.	Jul 1999-Present

Command Sergeant Majors of the 1st Armored Division

CSM Randal Johnston	1962 - 1966		
CSM Jack B. Moore	June 1966 - 15 Mar 1968		
CSM Max E. Daniels	Nov 1968 - 1970		
CSM Arnold E. Orr	1971		
CSM J.E. Kea	1972		
CSM McFarlan	Feb 1973 - Dec 1973		
CSM Raymond J DeDevitt, Jr.	Jan 1974 - Jul 1976		
CSM William A. Connelly	Jul 1976 - May 1977 (SMA 1979)		
SGM Robert C. Lewis	May 1977 - Aug 1977		
CSM Walter Krueger	Aug 1977 - 1978		
CSM Patrick G. Campbell	1980		
CSM George L Horvath	1980 - 1985		
CSM Danny Kline	1985 - 1988		
CSM Bobby Butler	1988 - 1989		
CSM Richard B. Cayton	1989 - 1991		
CSM Jack L. Tilley	1992 - 1997 (SMA 2000)		
CSM Dwight J. Brown	1997-1999		
CSM Kenneth O. Preston	Jan 2000 - present		

Chain of Command

	Commander in Chief			
		in Cinci		
	Secretary of I	Defense		
	Secretary of th	he Army		
Chief of Staff of the Army		1	SMA	Ā
USAREUR CDR			USAREUR CSM	<u> </u>
V CORPS CDR		1	V CORPS CSM	<u>.</u>
1AD CDR			1AD CSM	<u>ī</u>
Brigade CDR		<u> </u>	Brigade CSN	_ 1
Battalion CDR			Battalion CSM	Ī
Company CDR			Company 1S0	Ē
Platoon Leader		1-	Platoon SGT	Ī

Squad Leader



Dignity and Respect!